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| AUTHOR | Biakeddy, Eddie; Yazzie, Arnold D. |
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ABSTRACT

To assist schools and community organizations in implementing the 1984 Navajo Nation Education Policy on Substance and Alcohol Abuse, the Monitoring-Evaluation and Technical Assistance office has identified resources, materials, and operational programs that should be helpful in the development of programs to prevent and combat the enormous problem of drug and alcohol misuse on the reservation. The document describes curricula, personnel, and grade levels involved in programs already established in Gallup and Farmington (New Mexico) and Window Rock (Arizona) schools. Locations, directors, and services of youth treatment programs in Chinle, Phoenix, and Window Rock (Arizona) and Gallup and Pine Hill (New Mexico) are summarized. Sources of substance and alcohol abuse curriculum materials and presentations used in Window Rock and Gallup schools are listed. Names and addresses of seven state/national organizations which can provide resource materials are also included. (NEC)

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Resources: Substances and Alcohol Abuse Programs

Compiled by:

Monitoring -Evaluation and
Technical Assistance

# NAVAJO DIVISION OF EDUCATION

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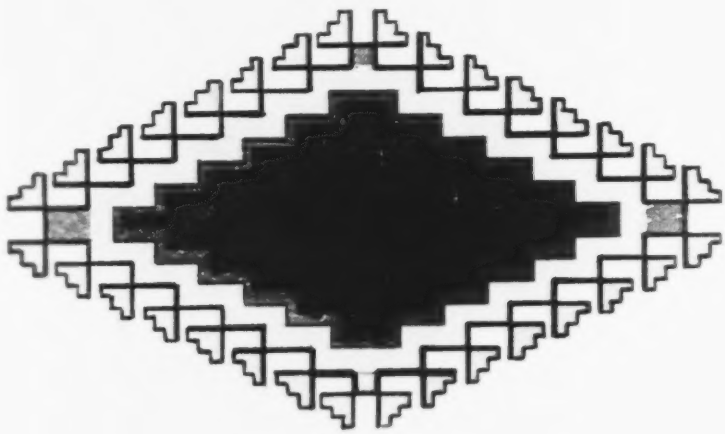

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## Introduction

In November 1984, the Navajo Nation formally adopted Education Policies which affect all schools within and near the Navajo reservation serving Navajo students. Among the policies is a policy on Substances and Alcohol Abuse; this policy is aimed at preventive education and the development of programs to combat the enormous problem of drug and alcohol misuse on the reservation. With the adoption of the Education Policies, the Navajo Tribe through the Navajo Division of Education has undertaken the responsibility for planning and coordinating with state and local service providers the development of programs and resources to implement the policies.

The on-site monitoring visits to the schools this past year by the Monitoring-Evaluation and Technical Assistance (ME & TA) office revealed the need for prevention and intervention education programs in the schools; this need for such programs exist at all grade levels, K-12. Only a few schools have initiated educational programs addressing the issues. Most schools do not have the resources to develop programs.

In order to assist the schools and various organizations with implementing the policy on Substances and Alcohol Abuse, the ME & TA office has identified resources and materials which are available and should be helpful in developing relevant educational programs. This information is provided in this document, Resources: Substances and Alcohol Abuse Programs.

All concerned administrators, educators, parents and community leaders are encouraged to begin efforts to lessen the consumption of dangerous substances and alcoholic beverages and to reduce the tragedies connected with that consumption.

MONITORING-EVALUATION AND TECHNICAL ASSISTANCE
NAVAJO DIVISION OF EDUCATION
SUBSTANCE AND DRUG ABUSE RESOURCES LISTING

1. Gallup McKinley County School District
P.O. Box 39
Gallup, New Mexico 87301

Ms. Bea Brlyvich
Instructional Supervisor

(505) 722-7711

Gallup McKinley County Schools utilizes the American Automobile Association curriculum materials in grades K-12. Teachers are trained through utilization of video cassette training materials and curriculum. The series is called "STARTING EARLY".

AMERICAN AUTOMOBILE ASSOCIATION
2201 San Pedro N.E.
Albuquerque, New Mexico 87110

Mr. Bobbie Santiago
Director

(505) 884-6611

2. Farmington Municipal Schools
P.O. Box 660
Farmington, New Mexico 87499

Mr. Grant Fullerton, Coordinator
Student Assistant System

(505) 325-0207

Farmington Municipal Schools utilizes the Comprehensive Health Education Foundation's programs which involves student, teacher, parent and school administrators. The program's curriculum and counseling are for students grades 7-12.

COMPREHENSIVE HEALTH EDUCATION FOUNDATION
20832 Pacific Highway South
Seattle, Washington 98188

Ms. Nancy Adams
Review Coordinator

(206) 824-2907

3. Window Rock Unified School District #8
P.O. Box 559
Ft. Defiance, Arizona 86504

Mr. Gary Davis, Coordinator
Chemical Awareness Program

(602) 729-5704

Window Rock Unified School District utilizes the materials developed by the "Chemical Awareness Training Institute". The program is endorsed by the Arizona Department of Education and is being used by other school districts in the state. The program includes volunteer teachers, administrators and parents working with students in a counseling and education program on substance and alcohol abuse.

CHEMICAL AWARENESS TRAINING INSTITUTE
21 East Muriel
Phoenix, Arizona 85022

Ms. Cheryl Watkins, Director
Chemical Awareness Training
Institute

(602) 863-9671

SUBSTANCE AND DRUG ABUSE RESOURCES

TREATMENT CENTERS:

4. Chinle Twin Trails Treatment Center
P.O. Box 777
Chinle, Arizona 86503

Ms. Virginia Ross
Acting Agency Director

(602) 674-5471 or 674-5472

Navajo Alcohol Programs' Twin Trails Treatment Center is directed towards the treatment and rehabilitation of youth between the ages of 11 to 17 years. The program provides counseling and therapy for the patient. The ALCOHOLISM TREATMENT GUIDANCE SYSTEM (ATGS) developed by I.H.S. is being utilized by the Center.

5. Family Services-Youth Center
Drawer I
Pine Hill, New Mexico 87321

Mr. Richard Franits
MA Director

(505) 775-3349

Treatment for Emotional and Behavorial problems in the community for youth 12-17 years of age.

6. St. Luke's Behavorial Health Services
1800 East Van Buren Street
Phoenix, Arizona 85006

(602) 251-8453

The Young Adult Program is a highly structured program which diagnoses, evaluates, and treat adolescents with severe emotional-behavorial problems. Under the director of the attending psychiatrist, the adolescent is thoroughly assessed psychologically, social-developmentally, behavorially, educationally and physically to establish an individualized treatment approach. Candidates range in age from 13 to 17.

SERVICES PROVIDERS:

7. Youth Education on Substance Abuse
P.O. Box 1390
Behavorial Health Department-D.H.I.S.
Window Rock, Arizona 86515

Ms. Nora Louis, Director

Youth Education on Substance Abuse developed a curriculum for grades 5-6. The primary intent of the curriculum is to use Navajo culture and beliefs in good health practices and positive self-image to avoid use of alcohol and drugs.

8. Navajo Alcohol Program-DHIS
P.O. Box 1390
Window Rock, Arizona 86515

Ms. Gardenia King
Director

(602) 871-6851, 6855

Navajo Alcohol Program has five service components. They each have a different purpose and yet have the same goal. The components are: Detox Centers, Residential Centers, Outreach-Outpatient Offices, Traditional Treatment (Healing) Project.

9. Community Alliance Against Substance Abuse
P.O. Box 936
2407 East Boyd #8
Gallup, New Mexico 87301

Ms. Linda Herrera
Executive Director
Dennis Moeckel, Director

(505) 722-7294

Community Alliance Against Substance Abuse (CAASA) receives its funds from two resources; State of New Mexico and United Way. CAASA is primarily involved with Drug and Alcohol Counseling within McKinley County working with the schools and organizations. An Education Coordinator is available to provide educational presentations.

| DRUG AND ALCOHOL RESOURCES: | LOCATION: | PHONE NUMBER: |
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| 10. American Automobile/Association<br>Alcohol-Traffic Safety Program<br>2201 San Pedro, N.E.<br><br>Mr. Bobbie Santiago, Director<br>"Starting Early" | Albuquerque, New Mexico<br>87110 | (505) 884-6611 |
| 11. Modern Talking Pictures Service<br>831 Sable Blvd.<br>P.O. Box 110100 | Aurora, Colorado<br>80011 | (813) 541-5763 |
| 12. Department of Health-Environment<br>Division of Traffic Safety<br>P.O. Box 1028<br><br>Mr. Charles Cirtez, Alcohol Coordinator | Santa Fe, New Mexico<br>87504-1028<br>(S.A.A.D. Curriculum) | (505) 827-4776 |
| 13. National Federation of Parents<br>For Drug-Free Youth<br>1820 Franwell Ave. Suite 16<br><br>Ms. Joyce Nalepka, Executive Director | Silver Spring, Maryland<br>20902 | (301) 585-5437<br>(800) 554-KIDS |

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| 14. National Institute on Drug Abuse<br>Prevention Branch-Rm. 11A-33<br>5600 Fishers Lane<br><br>Dr. Barry Brown, Director | Rockville, Maryland<br>20857 | (301) 443-2451 |

| DRUG AND ALCOHOL RESOURCE: | LOCATION: | PHONE NUMBER: |
|---|---|---|
| 15. National Clearinghouse For Drug Abuse Information<br>5600 Fishers Lane<br><br>Ms. Leona Ferguson, Branch Chief | Rockville, Maryland<br>20857 | (301) 443-6500 |
| 16. Utah State Office of Education*<br>250 East, 500 South<br><br>Mary Lou Emerson or<br>Jan Brown | Salt Lake City, Utah<br>84111 | (801) 533-6040 |

*The 1983 Utah State Legislature appropriated funds to support a five-year Alcohol and Drug Prevention Education Project; the Utah State Office of Education was charged with coordinating the Project. Through funds received, the State Office of Education supplies all schools with teaching resource files, video cassettes, film, puppets, poster series, etc. Funds are partially generated from taxes on beer and distilled spirits state-wide.